Como en otras Especialidades, los cirujanos plásticos usamos un instrumental específico para determinadas intervenciones. Por regla general es material más “fino” y delicado que en otras especialidades.

A continuación hay un listado que a mí me ha servido de base para adquirir el instrumental para las diversas intervenciones quirúrgicas. Cada cirujano tiene sus preferencias, basado en lo que ha aprendido de otros y en sus necesidades. Hay que valorar también la “vanidad”, que hace que muchos cirujanos quieran patentar un instrumento para una operación determinada.

Dr. Jesús Benito Ruiz

Clinica Tres Torres

Barcelona

|  |  |
| --- | --- |
| Freer Chisel Straight 6 1/2" 4mm | 2 |
| Lucae Bone Mallet Sm | 2 |
| Joseph Hook 1/pr Sh 6 1/4" | 2 |
| Joseph Hook 2/pr Sh 6 1/4" 2mm | 2 |
| Dressing Forceps Serrated 7" | 4 |
| Tissue Forceps 1x2 7" | 4 |
| Micro Adson Forceps 1x2 4 3/4" | 4 |
| Adson Tissue Forceps 1x2 4 3/4" | 2 |
| Brown Tissue Forceps 6" | 2 |
| Serrated Dressing Forceps 6" | 2 |
| Tissue Forceps 1x2 6" | 2 |
| Bruns Bone Curette Oval #000 | 2 |
| Bruns Bone Curette Oval #0 | 2 |
| Bruns Bone Curette Oval #2 | 2 |
| Backhaus Towel Clamp 3 1/2" | 4 |
| Ryder Nh Serrated 6" Tc | 4 |
| Op Scissors   6" Straight Sh/bl | 4 |
| Tissue Forceps 1x2 5 1/2" | 2 |
| S E Mayo Dis Scissors Curved 63/4 Tc | 4 |
| Metzenbaum Scissors Curved 5 3/4" | 2 |
| S E Metz Lahey Curved Std 5 3/4tc | 2 |
| S E Metz Lahey Std Straight 5 3/4tc | 2 |
| Cottle Nasal Scissors Curved 4 1/2" | 2 |
| Fomon Rasp W/4 Sides 8 1/2 | 2 |
| Fomon Rasp W/4 Sides 8 1/2" | 2 |
| Joseph Bayonet Saw Left 7 1/2 | 2 |
| Joseph Bayonet Saw Right 7 1/2 | 2 |
| Hajek-ballenger D/e S/b 8 1/2" | 2 |
| Farabeuf Rasp 7 1/2" Double  Ended | 2 |
| Freer Elevator De Sh/bl 7 1/4" | 2 |
| Lambotte Osteo Delicate 4mm 5 | 2 |
| Lambotte Osteo Delicate 6mm 5 | 2 |
| Lambotte Osteo Delicate 8mm 5 | 2 |
| Lambotte Osteo Delicate 10mm 5 | 2 |
| Lambotte Osteo Delicate 12mm 5 | 2 |
| Cottle Septal Spec W/scrw 11/2 | 2 |
| Cottle Septal Spec W/scrw 3" | 2 |
| Cinelli Osteo Grd 2sd Straight 12mm | 2 |

**CIRUGIA DE TABIQUE NASAL**

|  |  |
| --- | --- |
| Ballenger Sponge Forceps - Straight Serrated 7" | 2 |
| Backhaus Towel Clamp - 4-1/2" | 6 |
| Scalpel Handle #3 | 2 |
| Ragnell Scissors - Curved Flat Tips 4-3/4" | 2 |
| Iris Scissors -Straight Sharp/Sharp - 4-1/2" | 1 |
| Iris Scissors - Curved Sharp/Sharp -  4-1/2" | 1 |
| Operating Scissors - Straight Sharp/Blunt - 5-1/2" | 2 |
| Metzenbaum Scissors - Delicate Curved - 6" | 2 |
| Adson Tissue Forceps - 1x2 Teeth - 4-3/4" | 2 |
| Adson Dressing Forceps - Serrated - 4-3/4" | 2 |
| Macindoe Dissection Forcep -  150 MM | 1 |
| Gillies Forceps - 1x2 Teeth Serrated - 6" | 1 |
| Halsted Mosquito Forceps - Straight -  5" | 4 |
| Halsted Mosquito Forceps - Curved 5" | 4 |
| Rochester-Ochsner Forceps - Straight 1x2 Teeth 6-1/4" | 6 |
| Baby Mixter Scissors - Curved Partial Serrations  7" | 2 |
| Halsey Needle Holder - Smooth - 5" | 2 |
| Crile-Wood Needle Holder - Narrow Jaws - 6" | 1 |
| Crile-Wood Needle Holder - Narrow Jaws - 6" | 1 |
| Langenbeck Retractor - Small 3/8" x 1 1/8" Blade - 9" | 2 |
| Gillies Hook - Small 3mm - 7" | 2 |
| Langenbeck Retractor - Large 5/8" x 1 1/4" Blade - 9" | 2 |
| Senn Retractor - Double End Sharp End 5mm x 18mm - 6" | 2 |
| Alm Self-Retaining Retractor - 4x4 Teeth Blunt - 2-3/4" | 1 |
| Freer Elevator - Double End Sharp/Blunt 5mm Wide 7" | 1 |
| Iodine Cup 14 oz. | 3 |
| Metzenbaum-Nelson Dissecting Scissors - Cvd 8'' | 1 |
| Tissue Forceps - 1x2 Teeth - 5-1/2" | 1 |
| Tissue Forceps - 1x2 Teeth - 8'' | 1 |
| DeBakey Atrau. Tissue Forceps - 3.5mm Jaw Str 7 3/4'' | 1 |
| Rochester-Pean Forceps - Str 6 1/4'' | 4 |
| Rochester-Ochsner Forceps - Str 6 1/4'' | 4 |
| Overholt Forceps - Small Jaw - 8 1/4'' | 2 |
| Overholt Forceps - Medium Jaw - 8-1/4" | 2 |
| Mayo-Hegar Needle Holder 8" | 1 |
| Lahey Traction Forceps 8" | 1 |
| Roux Retractor - Double End Large - 6-3/4" | 1 |
| Fritsch Retractor - 45x75mm -  9-1/2" | 2 |
| Volkman Retractor - Six Prong Blunt | 2 |

**ABDOMINOPLASTIA**

|  |  |
| --- | --- |
| Hartmann Mosquito Straight Delicate Ser 3 -1/2" | 2 |
| Hartmann Mosquito Curved Delicate Ser 3 -1/2" | 2 |
| Halsted Mosquito Forceps Straight 5" | 2 |
| Halsted Mosquito Forceps Curved 5" | 2 |
| Mayo-Hegar NH 7" | 1 |
| Crile-Murray NH Serrated 6" T-C Grip | 1 |
| Ryder Micro NH Serrated 6" T-C | 1 |
| Slender Tip Scissors Curved 5 -1/2" | 1 |
| Ragnell Dissecting Scissors Curved 5" | 1 |
| Semkin Dressing Forceps Nar 5" | 2 |
| Semkin Tissue Forceps Narrow 1x2 5" | 2 |
| Miller-Senn Retractor Sh D/E 6" | 1 |
| Miller-Senn Retractor Bl D/E 6" | 1 |
| Aim Retractor 2-3/4" | 1 |
| Operating Scissors S/BSt 5-1/2" | 2 |
| Strabismus Scissors Straight 4 -1/2" | 1 |
| Mayo Dissecting Scissors Straight 5 -1/2" | 1 |
| Mayo Dissecting Scissors Curved 6 -3/4" | 1 |
| Scissors Blunt Curved 5 -3/4" | 1 |
| Crile Forceps Straight 5 -1/2" | 3 |
| Crile Forceps Curved 5-1/2" | 3 |
| Wagner Scissors Straight S/S 4 -3/4" | 2 |
| Wagner Scissors Curved S/B 4 -3/4" | 1 |
| Brown Adson Tissue Forceps 4-3/4" | 2 |
| Jansen Retractor Sh 3x3 4" | 1 |
| Adson Forceps Straight 7 -1/4" | 3 |
| Adson Forceps Curved 7 -1/4" | 3 |
| Frazier Suction Tube 12 Fr | 2 |
| Adson Tissue Forceps 1x2 4 -3/4" | 1 |
| Adson Dressing Forceps Serrated 4 -3/4" | 1 |
| Gemini Clamp Delicate Ang 5 -1/2" | 2 |
| Crile Retractor D/E Small | 2 |
| Zalkind Ribbon Retractor -3/4" x 7" | 2 |

**CIRUGIA PLASTICA GENERAL**

**AUMENTO DE MAMAS**

Hay que añadir a esta caja algún disector de mamas, tipo Digman, sobre todo si se realiza

|  |  |
| --- | --- |
| steel Ruler 6" | 1 |
| Round Scalpel Handle Straight | 2 |
| Emesis Basin 10 oz | 1 |
| Mayo Diss Scissors Curved 6-3/4" | 1 |
| Hartmann Mosquito Straight Serrated 3-1/2" | 3 |
| Halsted Mosquito Forceps Straight 5" | 2 |
| Kocher Forceps Straight 1x2 5-1/2" | 2 |
| Tissue Forceps 1x2 4-1/2" | 2 |
| Webster Nh Smooth oth Jaw 5-1/4" | 2 |
| Baumgartner Nh Serrated 5-1/2" | 2 |
| Olsen Hegar Nh 5-1/2" | 3 |
| Heaney Nh 8-3/4" | 1 |
| Goldman-Fox Scissors 5" Curved Serrated | 1 |
| Allis Tiss Forceps 4 X 5 6" | 2 |
| Iris Scissors Straight S/S 4-1/2" | 1 |
| Iris Scissors Curved S/S 4-1/2" | 1 |
| Joseph Hook 2/Pr Sh 6-1/4" 2 mm | 1 |
| Joseph Hook 2/Pr Sh 6-3/4" 5 mm | 1 |
| Backhaus Towel Clamp 3-1/2" | 3 |
| Frazier Suet Tube 8 Fr | 1 |
| Adson Tissue Forceps 1x2 4-3/4" | 2 |
| Adson Dressing Forceps Serrated 4-3/4" | 1 |
| Debakey Atra Forceps 2 mm 7-3/4" | 1 |
| Us Army Retractor Set/2 D/E 8-1/4" | 2 |
| Deaver# 42x12 | 2 |
| Zalkind Ribbon Retr-1/2" X 7.75" | 3 |
| Senri D/E Retractor Sharp 6" | 1 |
| Stev Tenot Scissors Straight 4-1/2" Bb | 1 |
| Stev Tenot Scissors Curved 4-1/2" Bb | 1 |
| Bowman Lach Probe Sz -3/4" Chrome | 1 |
| Schnidt Half Curved Tons Forceps 7-1/2" | 1 |
| Metzenbaum Scissors Straight 7" | 1 |
| Metzenbaum Scissors Curved 7" | 1 |
| Bipolar Adson Forceps1 Mm 4-3/4" |  |

la via axilar- Las palas de luz fría son también extremadamente útiles y necesarias

|  |  |
| --- | --- |
| Foerster Sponge Forceps Serrated 9-1/2" | 2 |
| Backhaus Towel Clamp 4-1/2" | 2 |
| Scalpel Handle #3 | 2 |
| Scalpel Handle #4 | 1 |
| Mayo Dissecting Scissors Curved 6-3/4" | 1 |
| Metzenbaum Dissecting Scissors Curved 7" | 1 |
| Operating Scissors Straight Sharp/Blunt 5-1/2" | 1 |
| Toennis Scissors Curved 7" | 1 |
| Gillies Forceps 1x2 Teeth Serrated 6" | 2 |
| Tissue Forceps 1x2 Teeth 7" | 2 |
| Halsted Mosquito Forceps Curved 5" | 2 |
| Crile Forceps Straight 6-1/4" | 2 |
| Baby Mixter Scissors Curved Partial Serrations 7" | 2 |
| Overholt Forceps Medium Jaw 8-1/4" | 2 |
| Mayo-Hegar Needle Holder 7" | 2 |
| Crile-Wood Needle Holder Narrow Jaws 6" | 2 |
| Allis Tissue Forceps 4x5 Teeth 6" | 2 |
| Lahey Traction Forceps 8" | 2 |
| Farabeuf Retractor Double End 6" | 1 |
| Tracheal Retractor Sharp Two Prong 6-1/2" | 2 |
| Volkman Retractor Four Prong Blunt 8-1/2" | 2 |
| Sims Retractor Large 3-1/2" x 1-1/2" Blade | 2 |
| Weitlaner Self-Retaining Retractor Blunt 2x3 Teeth 4-1/2" | 2 |
| Emesis Basin 26 oz. 9-7/8" x 4-1/2" x 2-1/8" | 2 |
| Iodine Cup 6 oz. 3-7/16" x 2" | 2 |

**REDUCCION DE MAMAS**

|  |  |
| --- | --- |
| Joseph Button End Knife Straight 6 | 2 |
| Joseph Knife Sh-pt Large Straight 6 | 2 |
| Ballenger Swivel Knife 4mm | 2 |
| Freer Septum Knife 6 1/4" | 2 |
| S E Mayo Dis Scissors Straight 51/2 Tc | 2 |
| Fomon Nsl Scissors   Lowlat Curved 53/4 | 2 |
| Joseph Scissors Straight 5 3/4" | 2 |
| Joseph Scissors Curved 5 3/4" | 2 |
| Micro Adson Forceps Serrated 4 3/4 | 2 |
| Lucae Bayonet Serrated 5 1/2" | 2 |
| Jansen Nasal Forceps Bayonet 6 1/2 | 2 |
| Killian Small 2" | 2 |
| Killian Medium W/set Screw 3" | 2 |
| Halsted Mosquito Forceps Straight 5" | 4 |
| Halsted Mosquito Forceps Curved 5" | 4 |
| Aufricht Retractor Solid Bld 6 1/2" | 1 |
| Cottle Ret 5 1/2" 4prng 2reces | 1 |
| Cot Knife Grd/retr 8" 5mm Hook | 1 |
| Vienna Adult Size | 1 |
| Fomon Retractor Ball End Sng 6 1/4 | 1 |
| Walsham Sept Strtng Forceps Straight 9" | 1 |
| Ash Sept Straightening Forceps 9" | 1 |
| Knight Cutting Jaws 7" | 1 |
| Joseph Perio Elev 7"x6.5mm | 1 |
| Mckenty Septum Elev Curved 5mm 6" | 1 |
| Cot Nas Chis 7" Rnd Corner 4mm | 1 |
| Cot Ns Chis 7" Rnd Corner 7mm | 1 |
| Aufricht Glabellar Rasp 8" Fwd | 1 |
| Aufricht Glabellar Rasps 8"bkd | 1 |
| Joseph Hook 2/pr Sh 6 1/4" 5mm | 2 |
| Joseph Hook 1/pr Sh 6 1/4" | 1 |
| Joseph Bayonet Saw Right 7 1/2 | 1 |
| Joseph Bayonet Saw Left 7 1/2 | 1 |
| Frazier Suction Tube 10fr | 1 |
| Crile Wood Nh Serrated Nar/jw 6"tc | 1 |
| Nas Fomon Chsl Guard 5 3/4 7mm | 1 |
| Backhaus Towel Clamp 5 1/4" | 4 |
| Hoff Towel Clamp 4" | 2 |

**RINOPLASTIA**

|  |  |
| --- | --- |
| Steel Ruler 6" | 1 |
| Scalpel Handle #7 | 1 |
| Scalpel Hand #3 | 1 |
| Castanares Fclft Straight 6-1/4" | 1 |
| Iris Scissors Straight S/S 4-1/2" | 1 |
| Iris Scissors Curved S/S 4-1/2" | 1 |
| Mayo Dis Scissors Straight 6-3/4" Tc | 1 |
| MetzLahey Curved Delicate 5-3/4" Tc | 1 |
| Halsted Mosquito ForcepsStraight 5" | 2 |
| Halsted Mosquito ForcepsCurved 5" | 2 |
| Webster Nh Smooth oth 5-1/4" Tc | 1 |
| Crile Wood Nh Serrated Nar/Jw 6" Tc | 1 |
| Webster Nh Serrated 5-1/4'Tc | 2 |
| Tissue ForcepsDelicate 1X2 5-1/2" | 1 |
| Dress ForcepsDelicate Serrated 5" | 1 |
| Ragnell Scissors Straight 5" | 1 |
| Spencer Stitch Scissors 3-1/2" | 1 |
| Allis Tiss Forceps4X5 5' | 2 |
| Rhytidectomy Scissors   D/E Curved 6-1/2" | 1 |
| Blepharoplas Sci Curved Ser 4-3/4" | 1 |
| Adson Brown Tiss Sd Grasping  4-3/4" | 2 |
| Joseph Hook 2/Pr Sh 6-1/4" 10Mm | 2 |
| Backhaus Towel Clamp 3-1/2" | 2 |
| Backhaus Towel Clamp 5-3/4" | 2 |
| Frazier Suet Tube 8 Fr | 1 |
| Adson Tissue Forceps1X2 4-3/4" | 1 |
| Potts-Smith Tiss Forceps1X2 7" | 1 |
| Debakey Atra Forceps6-1/2" 1.5Mm | 2 |
| Debakey Atra ForcepsStraight 6-1/2" 2Mm | 2 |
| Us Army Retractor Set/2 D/E 8-1/4" | 2 |
| Richardson w/grp Hndl Smll | 1 |
| Deaver Gr Hdl#31-1/2"X12" | 1 |
| Senn D/E Retractor Sharp 6" | 2 |

**LIFTING FACIAL**

**EXTRAS CIRUGIA MAMA**

|  |  |
| --- | --- |
| Lahey Traction Fcps 6 | 4 |
| Allis Tiss Fcps 6 5x6t | 4 |
| SC Jamison Scs 7 Cvd | 1 |
| TC Metz Scs 7 Cvd | 1 |
| TC Metz Scs 9 Cvd | 1 |
| TC Metz Scs 9 Cvd Del | 1 |
| Foerster Fcp 91/2 Str | 2 |
| Backhaus Fcps 5-1/4 | 4 |
| Harrington Retr Lamb-Hndl 11/2 | 1 |
| Deaver Retr 1-1/2x12 | 1 |
| Deaver Retr 1x12 | 1 |
| Deaver Retr 7/8x8-1/2 | 1 |
| Biggs Mammaplasty Ret, 8" (203mm), 3mm Wd | 1 |
| Biggs Mammaplasty Ret, Nrw, 6" (152mm), 3mm Wd | 1 |
| Ferreira Breast Aug Ret, 7.5" (191mm), 1" (25mm) | 1 |
| Freeman Areala Mrk, 34mm Dia | 1 |
| Freeman Areala Mrk, 36mm Dia | 1 |
| Freeman Areala Mrk, 38mm Dia | 1 |
| Freeman Areala Mrk, 42mm Dia | 1 |
| Freeman Areala Mrk, 50mm Dia | 1 |
| Freeman Areala Mrk, 45mm Dia | 1 |
| Mckissock Keyhole Ptrn, W/ Cm Marks, 38mm Dia | 1 |
| Mckissock Keyhole Ptrn, W/ Cm Marks, 42mm Dia | 1 |
| Mckissock Keyhole Ptrn, W/ Cm Marks, 45mm Dia | 1 |
| Maccollum-Dingman Breast Diss, 16.125" (410mm) | 1 |
| Maccollum-Dingman Submammary Diss, 11.75" (298mm) | 1 |
| Agris-Dingman Submammary Disss, R&L, 14" (356mm) | 1 |